



# Post Graduate Program in Urogynaecology

Master the Diagnosis, Treatment, and Management of Pelvic Floor Disorders. Become an Independent Practitioner in 6-Months.

Expert-led  
Simulator &  
Surgical Training

7-Day Intensive  
Clinical Workshop

In Partnership with  
Fortis Hospital

Blended, Flexible  
Learning Format

In-Depth Curricu-  
lum with Online  
Modules

Real-World Case  
Discussions

## Program Overview

This intensive, 6-months comprehensive program equips participants to enhance their clinical expertise and surgical proficiency in urogynecology. Through a blended learning approach, integrating theoretical knowledge with hands-on practical exposure, you will gain the confidence to develop the necessary skills to manage complex urogynecological conditions effectively. This training will also equip you to perform procedures independently, leading to improved patient safety and outcomes.

**Comprehensive Curriculum:** Covers pelvic floor anatomy, pathophysiology, diagnostics, and advanced management with modular, proficiency-based learning.

**Expert Faculty:** Learn from expert Urogynaecologists and specialists with a proven track record in mentoring independent practitioners.

**Hands-on Workshops:** Clinical workshops featuring advanced simulator-based training and cadaveric training.

**Live Case Discussions:** Interactive case-based sessions to refine clinical reasoning and decision-making, integrated with technical skills.

**Duration:**  
6-months

**Eligibility:**  
Gynaecologist/Urologist  
(MD/DNB/MS or equivalent)

## In-Depth Curriculum: Covering the Spectrum of Urogynaecology

Equip professionals with expert diagnostic and management skills in pelvic floor dysfunction through structured training. The curriculum blends theory, hands-on training, real-case observations, and mentored surgeries. A modular approach ensures proficiency in advanced urogynecological care through simulator practice and supervised procedures.

| Feature           | Detail  |
|-------------------|---|
| Course Title      | Postgraduate Program in Urogynaecology  |
| Learning Format   | Blended Online Modules, Interactive Workshops, and Hands-on Training              |
| Modules           | 9 Thematic Modules  |
| Module Duration   | Estimated 45-60 minutes of online content per module per week                     |
| Workshop Duration | 2 Intensive Workshops: 3 Days (Part 1) + 4 Days (Part 2) (Total 7 Days In-Person) |



## Modules and Learning:

### Module 1: Anatomy and Physiology of the Pelvic Floor

- Pelvic Floor Anatomy
- Pelvic floor support mechanism

### Module 2: Pathophysiology of Pelvic Floor Disorders

- Pelvic organ prolapse
- Urinary incontinence

### Module 3: Diagnostic Techniques in Urogynaecology

- Clinical Examination Techniques- POP + SUI
- Urodynamics
- Imaging Modalities

### Module 4: Overactive Bladder Syndrome

- Diagnosis and Management

### Module 5: Pelvic Organ Prolapse

- Quantification of prolapse- Pop Q staging
- Conservative Management- Use of Pessary, exercises etc
- Surgical Treatment of POP
- Recurrent and Vault Prolapse

### Module 6: Stress Urinary Incontinence

- Conservative and Medical Management
- Surgical Treatment
- Recent advances of SUI surgeries

### Module 7: Complete Perineal Tear and Faecal Incontinence

- Complete Perineal Tear and Faecal Incontinence

### Module 8: Minimally Invasive Surgery in Urogynaecology

- MIS in Urogynae
- Cystoscopy- Basic + Run through of cystoscope image
- Laparoscopy
- Robotics in urogynae
- Role of Endoscopy in Urogynae

### Module 9: Medicolegal Aspects in Urogynaecology

- Medicolegal Aspects in Urogynaecology

## Hands-On Training: From Theory to Practical Training

Develop essential surgical and clinical skills through hands-on workshops, focusing on safety and optimal patient outcomes.

### Phase 1:

**Foundational Training** – This phase focuses on building core competencies in urogynaecology through outpatient department (OPD) exposure, procedural training, and structured classroom sessions. Participants engage in diagnostic assessments, patient management strategies, and initial procedural techniques.

### Phase 2:

**Advanced Training** – Moving beyond the basics, this stage introduces simulator-based learning and simulated surgical experience. Candidates refine their skills through supervised hands-on training enhancing the proficiency in complex procedures.



## Phase 1: Fundamental Training in Urogynaecology

### Key Components:

#### 1. OPD Training

- Patient Consultations: History taking and physical examination
- Urodynamic Testing and Interpretation
- Pessary Fitting
- Cystoscopy Training
- Pelvic Organ Prolapse Quantification (POP-Q) Assessment

#### 2. Minimally Invasive and Advanced Urogynecology Classroom Sessions

- Introduction to robotic surgery: system functions, troubleshooting, device parameters, and limitations
- Patient selection and procedural indications for robotic-assisted surgeries
- Preoperative preparation, patient positioning, system docking, and port placement
- Establishment of pneumoperitoneum and procedural steps
- Management of complications in robotic and laparoscopic surgery

## Phase 2: Advanced Training on Simulators & Surgical Cases

This phase will focus on refining participants' surgical skills through simulation-based training and hands-on experience in advanced procedures.

#### 1. Dry Lab Training

- Hands-on simulator training covering fundamental urogynecological techniques
- Advanced suturing techniques for pelvic floor reconstruction

#### 2. Wet Lab Training

- Cadaveric simulation models to replicate human tissue consistency and anatomy
- Dissection techniques, energy-based surgical tools, and suturing in real-life surgical scenarios





## Clinical Training at Leading Hospitals

7-day intensive clinical workshop with OPD exposure, procedural training, and hands-on practice using simulators and cadaveric models. Gain precision diagnostics training with supervised real-case exposure, in partnership with **Fortis Hospital (Bannerghatta Road, Bengaluru)**.



## Why should you do this course?

**Expert-Led Learning:** Train with top urogynecologists for comprehensive pelvic floor disorder care.

**Engaging Hands-On Workshops:** Participate in workshops on minimally invasive surgery, urodynamics, and medicolegal aspects to enhance your expertise.

**Case-Based Clinical Insights:** Master prolapse, incontinence, and bladder care with real-world cases.

**Flexible & Self-Paced Learning:** Learn at your own pace with a flexible, structured program.

**In-Depth Curriculum:** Enhance diagnostic skills in urodynamics, imaging, and advanced treatments for precise patient care.

**Cutting-Edge Surgical Training:** Get hands-on training with simulators at Fortis Hospital.



## Learn from Leading Experts in Urogynaecology

Learn from experienced Urogynaecologists, surgeons, and researchers offering exceptional training, mentorship, and support for independent practice.

## Course Directors



### Dr. JB Sharma

Former AIIMS Professor

(MD, DNB, FRCOG, PhD, MFFP, FAMS, FICOG, FIMSA)

Dr. JB Sharma is a highly experienced (40+ years) Obstetrician and Gynaecologist in New Delhi and an expert in Urogynaecology. He offers comprehensive pregnancy care and gynaecological services and has extensive experience in clinical practice and academic teaching.



### Dr. Priyankur Roy

(MBBS, MS, PGDMLS, PGDHMM, FIAOG)

Dr. Priyankur Roy, a renowned Obstetrician and Gynaecologist with 15+ years of experience, specialises in infertility treatments, gynaecological endoscopy, and high-risk pregnancy management.

## Course Faculty



**Dr. Karishma Thariani**

M.S, D.N.B, MNAMS, Fellowship  
Urogynaecology and Pelvic  
Reconstructive Surgery  
(AIIMS)



**Dr. Amita Jain**

M.B.B.S., M.S. (Obstetrics and  
Gynaecology), Fellowship In  
Urogynaecology



**Dr. Manasi Deoghare**

MBBS, MD, DNB, Current Fellow  
(AIIMS)



**Dr. Deeksha Pandey**

MBBS, MS (OBG), MNAMS



**Dr. Subhash Biswas**

MBBS (Cal), MD (PGI, CHD),  
FICOG, FMAS, FIAOG, FIMSA,  
Urogynaec Specialist



**Dr. Manidip Pal**

MBBS, MD (Gynaec.), FACS,  
FICS



**Dr. Srikala Prasad T**

MBBS, MD(OBG), DGO,  
MCh.(Urology)



**Dr. Mohini Agrawal**

MBBS, MS, DNB OBGY Fellowship  
in Urogynaecology and Pelvic  
Reconstructive Surgery (AIIMS)

## OC Academy in the News

### THE TIMES OF INDIA

94% of Indian doctors call for  
specialised upskilling: What  
critical gaps are yet to be bridged  
in our medical education system?

### ET THE ECONOMIC TIMES

Nearly 94% of Indian Doctors  
pursue further training after  
completing CME

### APN NEWS

93.58% of Indian Doctors Demand  
Specialized Upskilling  
Opportunities beyond CME: OC  
Academy Survey Reveals

### FINANCIAL EXPRESS

OC Academy to launch PG  
diplomas and MSc degrees  
awarded by University of South  
Wales and University of  
Buckingham in India.

## Course Fee:

Postgraduate Program in Urogynaecology

**INR 5,00,000 + GST**

Affordable EMI options available

(Include options for payment plans and note what the  
fee covers.)



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