

Post Graduate Program in Child and Adolescent Psychiatry



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Self-Paced Learning



Interactive Workshops



Flexible Schedule



Real-World Application



In-Depth Content



Expert Instruction

Introduction

This program equips dedicated mental health professionals with specialized skills in treating young patients. Comprehensive online modules, workshops, and real-world case studies enhance the ability to provide high-quality care to children and adolescents with psychiatric disorders.

Course Structure



38 Video Lectures



11 Live Interactive Sessions



Supplementary materials, Revision Notes etc.

Eligibility

- ✓ MD/DPM, DNB in Psychiatry
- ✓ Master's or Doctorate in Psychology
- ✓ MD in Medicine, Pediatrics, Community Medicine
- ✓ MRCP/MRCPCH



Curriculum

I. FOUNDATIONS & NEURODEVELOPMENTAL DISORDERS



Building a strong foundation in child and adolescent psychiatry, with a focus on understanding and addressing neurodevelopmental disorders.

Introduction to Child & Adolescent Psychiatry in India

- Historical Development
- Ethical & Legal Considerations
- Biopsychosocial Model in Indian Context

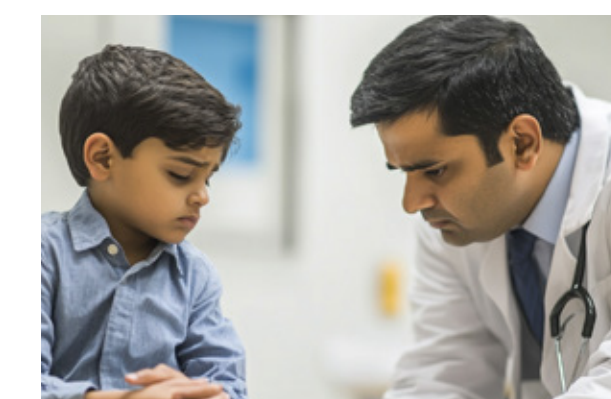
Neurodevelopmental Disorders

- ADHD
- Autism Spectrum Disorder
- Intellectual Disabilities

Focus

- Accurate Diagnosis & Assessment
- Evidence-Based Interventions tailored for India

II. EMOTIONAL, MOOD & BEHAVIORAL DISORDERS



Equipping participants with the knowledge and skills to effectively diagnose and manage emotional, mood, and behavioral disorders.

Diagnosis & Management of

- Mood Disorders (Depression, Bipolar Disorder)
- Anxiety Disorders
- Behavioral Addictions

Cultural Considerations

- Influence on Presentation & Treatment

Interventions

- Pharmacological Interventions
- Psychotherapeutic Interventions (CBT, Family Therapy)
- Integration of Traditional Indian Healing Practices

III. INTEGRATED APPROACHES TO MENTAL HEALTH



Emphasizing holistic and integrated approaches to child and adolescent mental health, considering the impact of the digital age and family support.

Holistic & Integrated Approaches

- Impact of the Digital Age on Mental Health (Addiction, Online Safety)
- Early Intervention & Prevention Strategies
- Culturally Relevant Approaches

Family Support

- Crucial Role of Family in Mental Well-being
- Family Therapy Models Adapted to the Indian Context

IV. TRAUMA-INFORMED CARE



Developing a deep understanding of trauma and its impact on children and adolescents, focusing on trauma-informed care principles.

Understanding Trauma

- Neurobiology of Trauma
- Long-Term Effects
- Trauma-Informed Care Principles in Practice

Specific Issues

- Suicide in Children
- Child Abuse & Neglect

Focus

- Advanced Assessment Techniques
- Culturally Sensitive Intervention Strategies

V. COMPREHENSIVE PRACTICE



Providing a comprehensive overview of best practices in child and adolescent psychiatry including psychopharmacology, psychotherapy, and setting up a practice.

Best Practices in Child & Adolescent Psychiatry

- Psychopharmacology (Ethical & Legal Considerations)
- Developmentally Appropriate Psychotherapy

Setting Up a Child Guidance Center/Clinic in India

- Multidisciplinary Collaboration
- Community Engagement

Preventive Psychiatry

- Early Identification
- Resilience-Building
- Ethical Considerations in Treating Young People

Why should you do this course?



Meeting a Critical Need:

This program addresses the rising rates of mental health issues in Indian youth and equips professionals with specialized skills.



Cultural Competence:

The program emphasizes culturally sensitive care and addresses the unique mental health needs of children and adolescents in India.



Career Advancement:

Provides the expertise and credentials to advance careers in the field of child and adolescent mental health.



Making a Positive Impact:

Empowers mental health professionals to support the well-being of young people in India and help them thrive.

Learn from the Best



Course Director

Dr. Avinash De Sousa

DPM, M.Phil., Ph.D. (Psy.D)

Dr. Avinash Desousa is a Consultant in Psychiatry at Sir H. N. Reliance Foundation Hospital. He holds an MBBS from Lokmanya Tilak Medical College, a Master's in Counseling and Psychotherapy, a DPM from Seth GS Medical College, and a Ph.D. (Psy.D) from the University of Hertfordshire. He has been honored with the Jewel of India award and the Great Minds of the 21st Century accolade for his contributions to mental health and psychotherapy.



Dr Purnima Nagaraja

DPM (Psychiatry), Masters in Counselling and Psychotherapy in Childrens



Dr Deepak Gupta

MD, DNB Psychiatry, Diploma In Child And Adolescent -London Medical College.



Dr Heena Merchant Pandit

M.D. (Psychiatry), Diploma in Child Health (DCH)



Dr Raghavendra

MD (Psychiatry), DPM (NIMHANS), PDF in Child & Adolescent Psychiatry (NIMHANS), DM in Child & Adolescent Psychiatry (NIMHANS), Postgraduate Diploma in child Rights Law (NLSIU), Postgraduate Diploma in Developmental Neurology



Dr Pritam Chandak

MD (Psychiatry), M.APA (USA), F.EPA, (Europe), F.ACAMH (UK), F.IPS, Fellowship (Child and Adolescent Psychiatry, London), Clinical Fellow, Child and Adolescent Psychiatry, NIMHANS), Diploma (Child Play Therapy, London)



Dr Sheryl John Senthilnathan

MD (Psychiatry), DPM, Special Interest in Women and Child Psychiatry



Dr Sapna Bangar

M.D. (Psychiatry),Specialist Child and Adolescent Psychiatrist (The Royal College of Psychiatrists)



Dr Khyati Mehtalia

M.D. (Psychiatry) - Gold Medalist, Adolescent And Child Psychiatrist specialist



Dr Kirti Tandel

DPM (Psychiatry)- Adolescent And Child Psychiatrist



Dr Manjiri Deshpande

DNB - Psychiatry, Fellowship in Child and Adolescent Psychiatry, MBBS



Dr Sagar Karia

M.D. (Psychiatry), Special interest in women and child psychiatry.



Dr Akansha Sharma

M.D. (Psychiatry) Special interest in Child Psychiatry



Dr Vishakha N Punjani

M.A. Clinical Psychology, University of Mumbai

About OC Academy

OC Academy stands as the premier destination for advanced medical education and professional growth. Dedicated to empowering healthcare professionals with cutting-edge knowledge and skills, OC Academy offers globally accredited programs. The academy's mission is to elevate the standards of medical practice by providing comprehensive, flexible, and accessible learning opportunities tailored to meet the evolving demands of the healthcare industry.

With a diverse range of courses, including certifications, post-graduate programs, fellowships, and MSc options, OC Academy is committed to fostering excellence in patient care and clinical practice. The esteemed faculty, comprising key opinion leaders and experts with extensive clinical experience, ensures that learners receive the highest quality education and mentorship.

Media Coverage

THE HINDU

NDTV

THE FINANCIAL EXPRESS

For students of medicine, a postgraduate programme is crucial both in terms of career progression and honing one's existing skillsets and knowledge. Many medical professionals often opt to do a postgraduate programme abroad.

Hybrid learning, which emerged during the Covid-19 pandemic in 2020, seamlessly integrates traditional classroom instruction with online learning, providing students the flexibility to progress at their individual pace.

OC Academy, an online upskilling platform for doctors has partnered with Learna to exclusively launch Post Graduate Diploma and MSC programmes, awarded by University of South Wales and University of Buckingham, in India, as per the official announcement.



Course Fee: Rs 3,50,000 + GST | Duration: 12 months

Invest in Expertise, Empower Young Minds.

Enroll in the Post Graduate Program in Child and Adolescent Psychiatry today!

Accelerate your career today!

OC Academy

Contact us

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